

YOUR BEST

Day _____ Date _____

Goal for today _____

I'm THANKFUL for: _____

AM

PRAY / MEDITATE

Start: _____ Finish: _____
Most pressing prayer? _____

Person on your heart - text them _____

Pray your cards - _____

PERSPIRE

Minutes - _____
Activity - _____

PLAN

Must complete: _____

Priority

1

2

3

4

5

Hope to: _____

PM PEOPLE

Listened to - _____
Slowed down for - _____
Valued - _____
Encouraged - _____
Challenged - _____
Need to pray for - _____

PRODUCE

Today I _____

and it _____

PROMOTE

What got you closer to your goal? _____

PROGRESS (LEARN)

Biggest take away from today: _____

PROCESS

Great

Good

Tomorrow

Thankful